

**Newsletter Issue 27**

February 2015

## 2015 - A More Than Words Odyssey

Welcome to first issue of Backstage Pass of 2015, the newsletter from More Than Words. Again, we've a lot to catch up on, including everything that happened at Christmas!

### Academy News

On Friday 19 December the Friday Academy had their Christmas performance "The Nasty Teacher", which was pretty fun. This was also Diane's last day with us. *(Please turn over to read Diane's leaving message. - Ed)*

Louise has now taken over the running of the Friday Academy, and she will introduce herself properly in the next newsletter. We also welcome Steven to the group.

Meanwhile the Wednesday Academy have been up to quite a lot! Sara has joined the group and it's been lovely to welcome her!

We've also explored different types of workshops, such as dancing, and we've now started to create our Easter performance! It's going to be based on a jungle theme and will be performed on **Wednesday 1 April at 2pm**. We invite all family and friends to come and watch the performance, and to stay behind for a brew and a scone!

### Movers News

On Tuesday 16 December we did a special performance in front of our friends and families, showing some of the different exercise routines we had created throughout the year, including one we'd created to a Christmas song. Everyone enjoyed the performance.

We have started the new year devising lots of new exercise and dance routines and working hard on our circuit training.

We have also started our healthy eating planning and every other week a shop and cook session which our students then get the chance to cook and sample their healthy choice meals that we have made with support.

We are doing really well with our weight loss. Becky is now back on track and getting weighed on a monthly basis with the rest of the group.

Our "Super Slimmers" are Nikki and Laura, who are still both doing fantastic both at Slimming World and Movers!

### INSIDE THIS ISSUE:

A busy December... and January and February!



*Nikki is just disappearing right before our eyes!*

### Contact us:

More Than Words Advocacy CIC,  
Unit 2, The Pier Centre  
Pottery Terrace,  
Wigan WN3 5DN

**Phone:** 01942 735426

**Mobile:** 07985 412234

**Email:** info.mtwadvoc@gmail.com

[www.morethanwordsadvocacy.co.uk](http://www.morethanwordsadvocacy.co.uk)





*The Councillors pay a visit*

## **Theatre Company update**

On Thursday 11 December we completed filming for Operation Communication. The video inserts are now being edited, and we hope to perform the piece in its entirety (for the first time!) later this year.

On Thursday 22 January we were visited by two councillors from Wigan Council - we performed a number of short pieces for them, before doing a brief Q&A session to get to know each other.

## **Performers News**

We welcome Jon and Steven to Performers. So far they have said "it's great!"

We have also started working on "The Twits" by Roald Dahl. It's going to be an amazing performance.

## **Summer Fair**

We are planning to hold a summer fair at our premises in May/June to raise funds for More Than Words. We are hoping it will be a fantastic event with stalls, music, performance, food and fun!

If you are able to make any donations of raffle prizes, bric-a-brac, toys, toiletries or clothes in good condition please send it in and we will store it before the fair.

If you would like to help with the fair or book your own stall please speak to Louise at More Than Words.

More info to follow.

## **"And it's Goodbye from me!"**

So, 3 years after covering one session for Sue, I'm leaving More Than Words to work solely for my own dramatherapy company.

It has been quite fabulous at More Than Words and I have worked with some of the nicest people I have ever met. It is a good time to leave knowing that More Than Words is finally together under one roof.

So thanks for all your help and the very best of luck to everyone in the future.

Love - Diane x

## **Centre Stage update**

The performance of "The Nightmare Before Christmas" took place on Friday 19 December. The group's performance was enjoyed by all the audience members who came to see it.

Centre Stage is currently on a break.

## **From the Editor**

Well, I promised a newsletter would be released before Christmas... and then got nothing! Sorry about that, I'll be more on the job in the future getting everyone's stories in and on the newsletter.

The DVD is still going to be produced, but it will be released on a request-only basis. The videos will be released on YouTube but for those who can't access the internet we can make a DVD for those who want it. We will let you know when it will be released in this newsletter.

We also have plans for weekday evenings and services at weekends too. If you want more information, please contact

But you don't really want to hear about all that, do you? You want to know more about Lily! Okay then... She's six months old now. She spent her first Christmas at our house, and it was her Christening in January