



# Drumming and Music Workshops

In association with



Our drumming and music workshops are for young people and adults with disabilities or autism, aged 16 and over. They are facilitated by professional musician **Mark Cozens**, founder of Bom-Ta-Bom.

Cost is just £10 per person. Sessions must be pre-booked in 4-week blocks. Bring your own support if you need it (PAs/carers free).

## Interested?

Sessions take place on Thursdays from 4.30-6.30pm at Unit 2 The Edge, Pottery Terrace, Wigan, WN3 5AB.

To book, phone **01942 735426** or email **[info.mtwadvoc@gmail.com](mailto:info.mtwadvoc@gmail.com)**



Music therapy is a psychological therapy that aims to create positive changes in emotional wellbeing and communication through the engagement in live musical interaction.

It's based on the idea that all individuals have the ability to respond to music and sound and that this can lead to positive changes in behaviour and improved social and communication skills, especially in people with autism.