



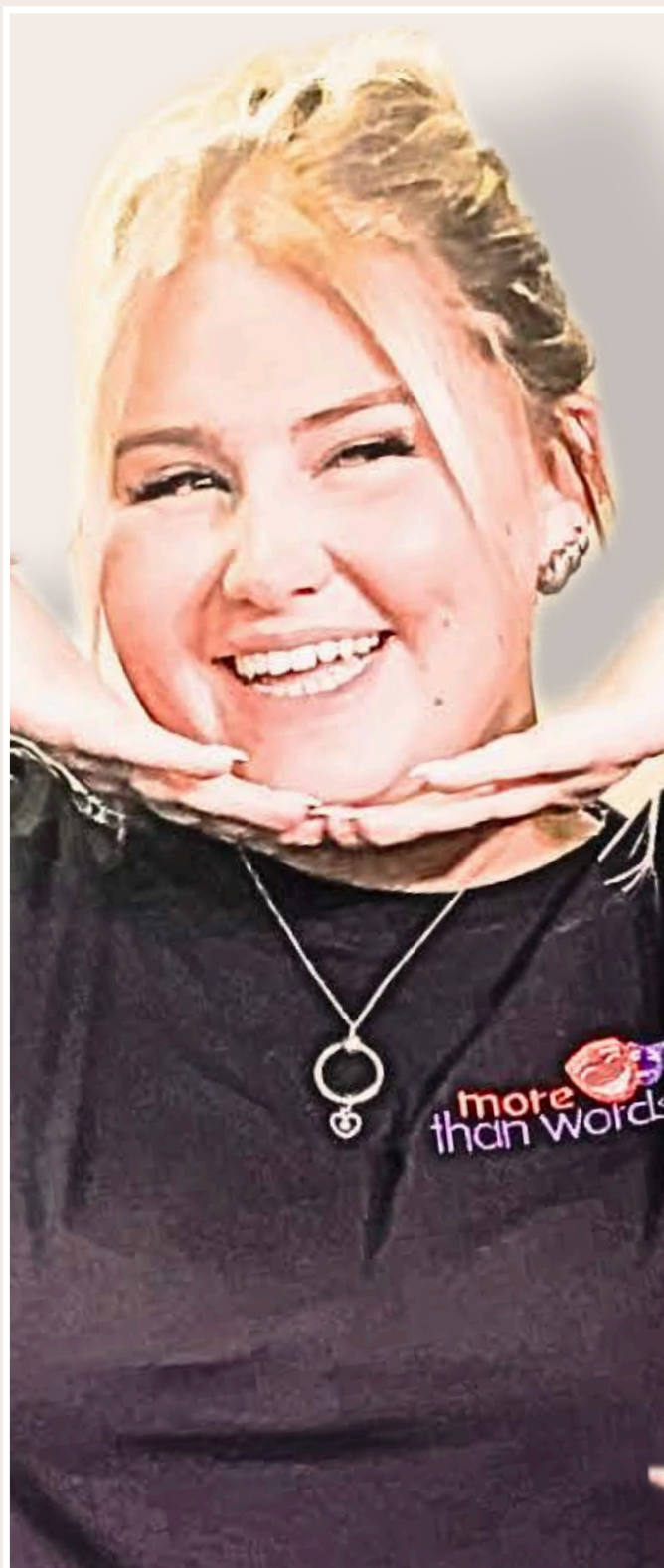
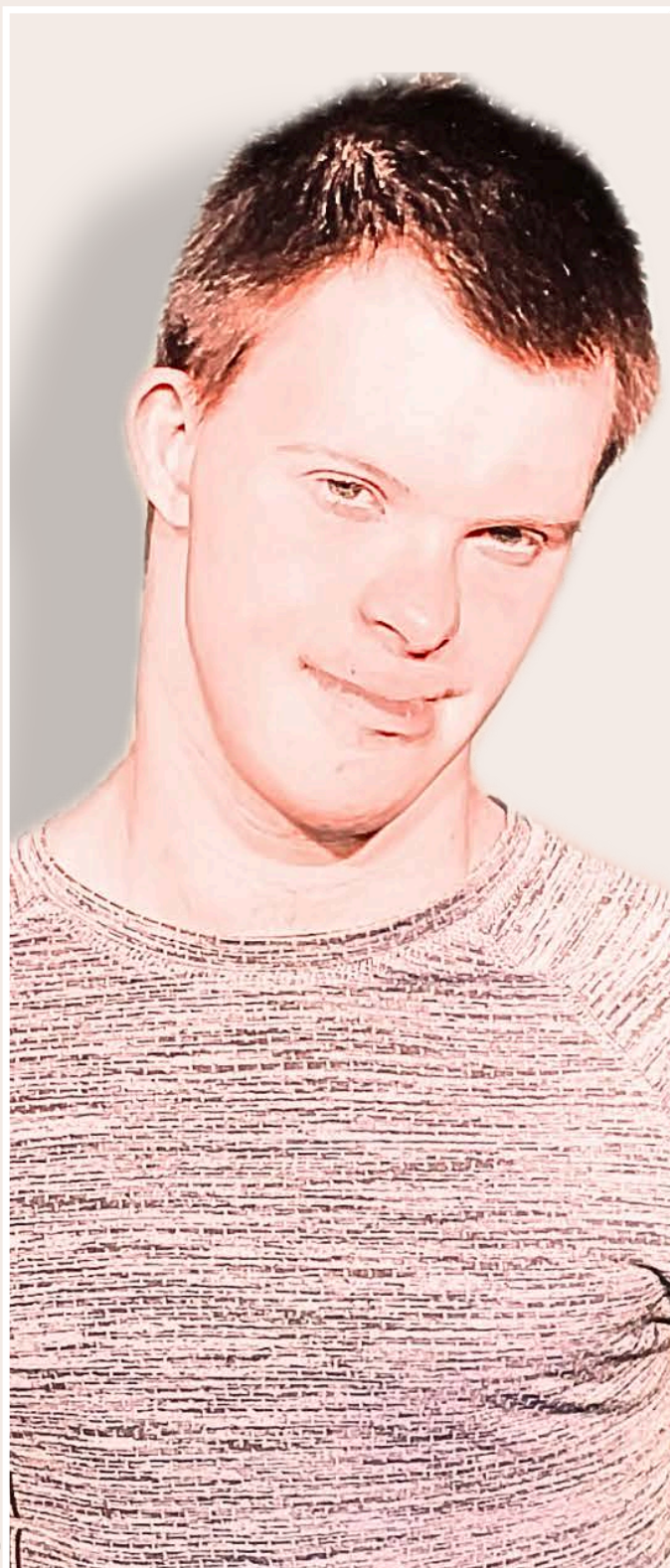
THE
WORDY BIRDIES
JANUARY 2026



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DAN INTERVIEWS:
NICOLE

CHRIS'
TV TALK



see page 4.

LEARN
SARA'S

TOP SPOTS FOR SWEET TREATS
see page 3.





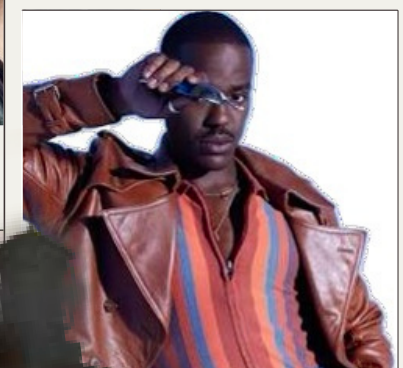
TOP ENTERTAINMENT

BBC

THIS MONTH



Doctor Who is a Science-Fiction programme from the BBC that started in 1963-1989 then came back in 2005. The Doctor has been played by William Hartnell to Sylvester McCoy in the original series and then Christopher Eccleston to Ncuti Gatwa have played the modern doctors. The Doctor and the different Companions over the different eras travel through time and space in a spaceship called the TARDIS which is disguised as a blue police box and they meet different aliens like the Daleks Cybermen Sontarans and many others.





“HI, I’M SARA”:

I have been a part of *More Than Words* for 11 years now. I really enjoy going out for a brew and a bite to eat.

In my column, *Sara’s Sweet Treats*, you can read all about my recommendations for places in Wigan for the best cakes, the best teas and coffees, as well as the most accessible and inclusive places in the Wigan area.



It might be more helpful than you think.



In my column, *Sara’s Sweet Treats*, you can read all about my recommendations for places in Wigan for the best cakes, the best teas and coffees, as well as the most accessible and inclusive places in the Wigan area.



To begin, my first choice is typically **COSTA COFFEE**. My regular Costa is located on Robin Park, attached to NEXT. Accessibility is fairly easy, the automatic doors matched with the sloped entrance makes entering independently fairly easy. Service is quick and the staff are always lovely to me so I always enjoy a visit there. My regular order is a **HOT CHOCOLATE AND A MILLIONAIRE’S SHORTBREAD**. I would describe the Millionaire’s Shortbread as **SCRUMPTIOUS**. The shortbread base is buttery and crumbly alongside the delicious caramel and rich chocolate. The whole thing is a treat for the palate, matched with the creamy luxury of the hot chocolate.

SARA’S TOP SPOTS TO TRY: CAKE RATING (OUT OF 6)



Hot Chocolate
Millionaire’s Shortbread



THE TASTIE FILLINGS LTD

Brownie

YET TO TRY

Muffin Man

Custard Slice

YET TO TRY



Staff recommendation
OR
Hunters Chicken Toastie

YET TO TRY



Hot Chocolate & Muffin

YET TO TRY



Hot Chocolate & Pizza





DAN'S NOSY PARKERS



A CHAT WITH

NICOLE

DAN INTERVIEWS ONE OF OUR STAFF MEMBERS

This month, I sat down with a member of our *More Than Words* staff team, Nicole.

Twin sister to our lovely Nathan D, and all-around a fabulous addition to our staff roster since her beginning with us alast April, I was keen to get to know our bubbly team member a little bit better. HERE'S WHAT SHE TOLD ME:

What is your favourite food/colour/holiday destination?

"Ooooh! I've got to say Hunter's Chicken for food, Centre Parcs for holidays, and my favourite colour is purple."

What is your favourite time of year?

"Got to be Winter - Wrap up warm and get a hot chocolate."

What is your dream job?

"I'd love to become a Speech & Language Therapist."

Are you a daytime person or a night time person?

"Night time."

What is your favourite TV programme?

"N.C.I.S."

Who is one artist that you could listen to forever?

"Zac Byron."

What is the weirdest food combo you can think of?

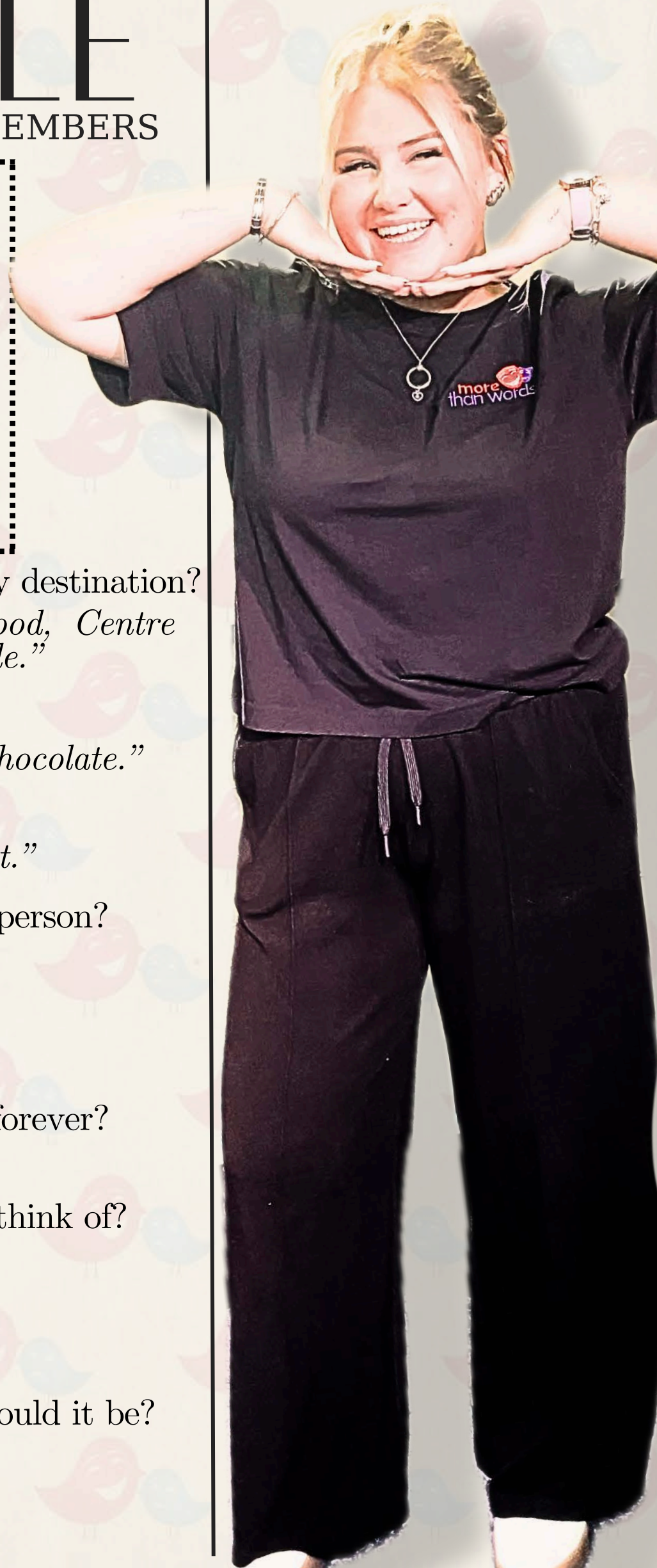
"Cottage Cheese paired with Mac & Cheese."

What is a cause close to your heart?

"Down Syndrome Association."

If you could have any superpower, what would it be?

"Invisibility."





IN THE NEXT ARTICLE:

NATHAN

ON GREASE & GREECE



CATHERINE'S SIGN-TIME



TYPING COMPLETED BY
FRAN



NIKKI'S

NUTRITIONAL NOBBLES



NEXT ISSUE:
FEB 2026